

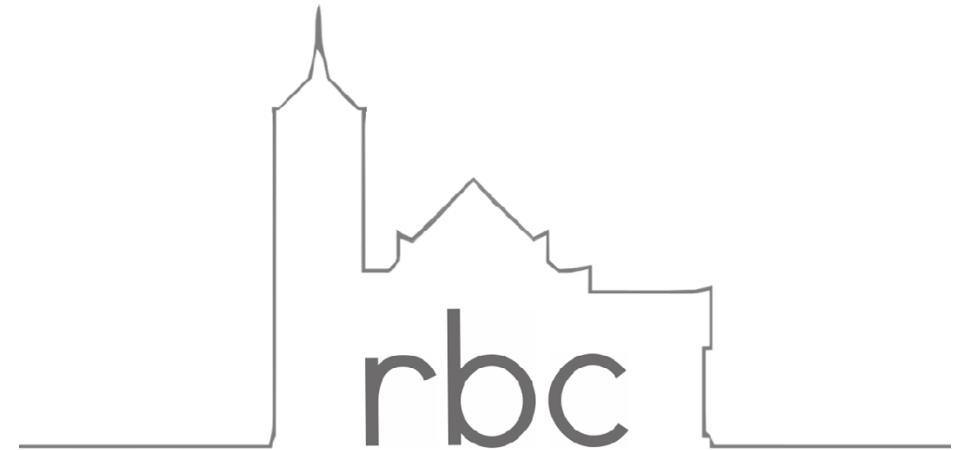
What the providers of the meals should know

- Your name and email address will be added to a list of those people who are happy to provide a meal.
- You will not be expected to provide a meal every time a request is made. You should only volunteer when you have the time and resources to prepare a meal.
- The request will be made via an email sent from the website MealTrain.com. You will be able to see the name of the recipient and their contact details. There will be information about the kind of foods that they like and dislike. Any allergies will be explained as well. You will add your name to a specific day on the rota.
- It is not necessary to deliver hot, ready to eat meals. The most flexible option for both the maker and the recipient of the meal is either something that is ready to go in the oven or to be reheated, or a frozen meal (delivered in advance of the day).
- By seeing a list of who has already agreed to provide what, unintended duplication of meals on consecutive days can be avoided.
- Use disposable containers where possible and label any container which needs to be returned to you.
- Use common sense with regards to hygiene and safe food preparation. Be sure to tell the recipient if it will not be safe to freeze a portion for another day (i.e. it has already been frozen at some point).

Please take a look at the websites below for information about good food preparation practice.

www.nhs.uk/Livewell/homehygiene/Pages/Foodhygiene.aspx

www.food.gov.uk/business-industry/caterers/food-hygiene/charity-community-groups



Meal Ministry at Rugby Baptist Church

The aim of Meal Ministry is to provide meals when anyone in our church community really needs some support with meals. This may include the arrival of a new baby, illness, major surgery, bereavement and job loss, but it is not limited to those situations.

Ordinarily, meals will be provided for 2 weeks, however that can be extended if there is a specific need.

What to do if you, or someone else requires Meal Ministry

Please email the Meal Ministry team or speak to a member of the Pastoral Team, Michael or Peter (contact details shown below). You will need to provide this information:

- The number of people in the household.
- Food likes/dislikes and allergies.
- Address and telephone number.
- A mobile number and an email address would be a bonus.

Useful contact details

Meal Ministry

meal.ministry@rugbybaptist.org.uk

Pastoral Team

Bobbie Wakeleigh-Jones

Tel: 01788 579272

Email: bobbiewj@live.co.uk

Minister

Revd Dr Michael I Bochenski

Tel: 01788 553104

Email: minister@rugbybaptist.org.uk

Associate Minister

Revd Peter den Haan

Tel: 07421 327819

Email: assocminister@rugbybaptist.org.uk

What the recipients of Meal Ministry can expect

- One main meal per day for 14 days.
- You will have a list of who has agreed to provide each meal.
- Meals may be fresh or frozen and can be delivered on the day or in advance.
- You will probably need to put the meal in the oven or microwave, the provider of the meal will be clear about what needs to be done.
- Your food likes/dislikes will be taken into account.
- If you have an allergy, for example nuts or gluten, your meal will not contain those ingredients. However, please be aware that the kitchen environment is likely to contain traces of those ingredients and therefore we cannot guarantee allergen free food.
- If you have a severe allergy the Meal Ministry team will work with you to locate some ready meals that suit your needs. The cost of that food will be met.
- You will need to return the containers to their owners if they are not disposable.

Important note

The church supports and facilitates this ministry. The actual preparation of food is a charitable act by the individuals involved.

The church cannot be held responsible for the food provided.